

For individuals under 65 and group plan members

How to find a primary care provider (PCP)



A primary care provider (PCP) is a doctor you see regularly for routine check-ups and health screenings. If you get sick or hurt and it's not an emergency, your PCP is the place to start when you need care.

1 How to find a PCP in the ConnectiCare network

Go to connecticare.com and select "Find a doctor." You can look for doctors who are near your home or office or who can speak a specific language.

2 Contact the PCP's office and introduce yourself

Say you're a new patient with a ConnectiCare plan. Talk with the office staff about how to get set up as a patient in the practice.

3 Let us know who your PCP is with one of these three ways:

- Log into connecticare.com, click "Select or Change PCP" and then follow the instructions.*
- Drop into a ConnectiCare Center. Find locations and hours at visitconnecticare.com.
- Call us at 1-800-251-7722 (TTY 771).

Why we ask, 'Who's your PCP?'

The secret to healthy living is having someone in your corner. That someone is a PCP.

Your PCP sees that you get preventive care, screenings and vaccinations that can keep you healthy. When you need specialist care, your PCP will help you find the right doctors.

Everyone needs reminders now and then. If it looks like you're overdue for some care, we may contact your PCP to reach out to you.

Do you have a Passage plan?

You need a PCP who accepts Passage plans. **Not all do.**

Turn over for more information.



Information for Passage plan members

Your Passage PCP is your go-to for your non-emergency health care needs. You need to contact your PCP before you see many types of specialists, like cardiologists, oncologists, orthopedists, dermatologists and others.

Your PCP will refer you to specialists and let us know their names and how long your referrals last. That's why it's important to pick a PCP as soon as your plan begins.

How to find Passage PCPs:

Many independent doctors plus many (but not all) of the doctors who work in the groups listed below welcome Passage plan members.

- ProHealth Physicians
- Integrated Care Partners
- Trinity Health Of New England/SOLO HEALTH
- Starling Physicians
- Connecticut State Medical Society-Independent Practice Association

**Be sure to confirm a PCP accepts Passage before you visit.
Use the "Find a doctor" tool to do that.**

Questions? Get in touch!

By phone: 1-800-251-7722 (TTY: 711)

Mon. – Fri. 8 a.m. – 8 p.m., Sat. 9 a.m. – 2 p.m.

In person: At a ConnectiCare Center.

For locations and hours, go to [visitconnecticare.com](https://www.visitconnecticare.com)

Online: [connecticare.com](https://www.connecticare.com)

Stay connected:



ConnectiCare

Like all network providers, PCPs are independent contractors and are not agents of ConnectiCare. Provider participation may change without notice. ConnectiCare does not provide care or guarantee access to health services.

ConnectiCare complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-251-7722 (TTY: 711). ATENÇÃO: Se fala português, encontramos-se disponíveis serviços linguísticos, grátis. Ligue para 1-800-251-7722 (TTY: 711).