

For group plan members

# Your FlexPOS plan gives you a nationwide network of care

You can get in-network care from health care providers who belong to the First Health® national network. You can also use pharmacies in the nationwide Express Scripts network.

So, wherever you go in the United States, you can find:

- Doctors and specialists
- Pharmacies
- Hospitals
- Radiology centers, labs and other facilities

Plus, you have emergency coverage worldwide.\*

*\*Exclusions and limitations may apply.*

## Telemedicine travels too.

You can reach a doctor 24 hours a day from anywhere with Teladoc® telemedicine.

Call **1-800-835-2362**,  
visit **teladoc.com/connecticare**  
or download the Teladoc® mobile app.

Medical telemedicine visits cost \$45 or less depending on your plan.\*\*

*\*\*A copay may apply. Check your benefit summary to confirm Teladoc is part of your plan.*

## To find a doctor in the United States

Go to “Find a doctor” on **connecticare.com** and answer a few questions about what kind of health care professional you need and where you get your health insurance. Then you’ll be asked to choose:

- Connecticut and bordering parts of Massachusetts and Rhode Island
- National network, including New York

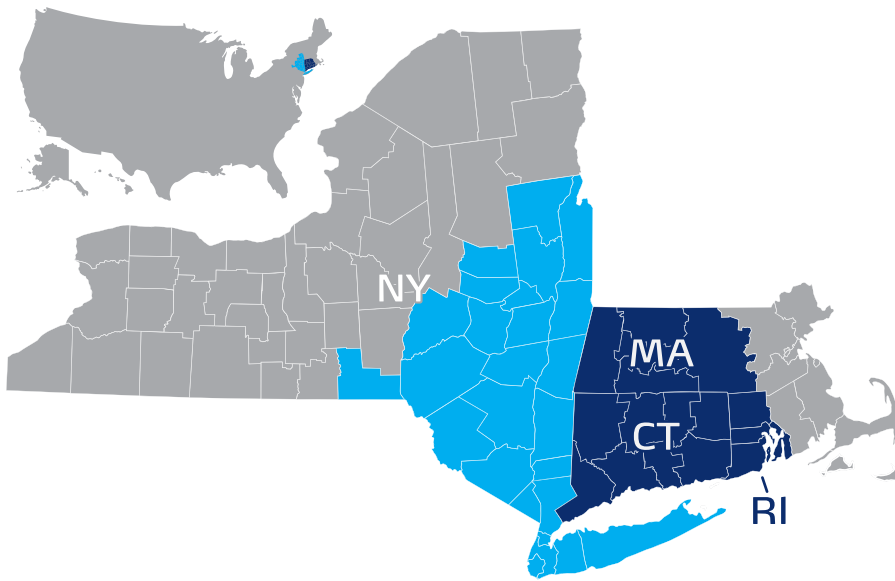
If you choose the “National network,” you’ll be asked to choose the EmblemHealth Prime network for New York or First Health.

Choose the EmblemHealth Prime network if you are looking for a provider in 28 counties in New York (see map on reverse side). Choose the First Health network if you are looking for a provider anywhere in the United States outside of the ConnectiCare or EmblemHealth Prime networks.



*Continue →*

## More on our networks



ConnectiCare
  EmblemHealth Prime
  First Health

### Tips for using “Find a doctor” on connecticare.com

ConnectiCare and its parent company, EmblemHealth, manage networks of doctors and facilities in the areas of Connecticut, New York, Rhode Island, and Massachusetts shaded on this map. Beyond those areas, you’ll choose from doctors and facilities in the First Health network.

## Questions? Need help?

Contact	For...	Phone	Online
First Health	In the United States outside the ConnectiCare service area	1-866-945-0306	“Find a doctor” on connecticare.com
Express Scripts	Pharmacies and prescriptions	1-800-369-0675	express-scripts.com
Teladoc	Telemedicine	1-800-835-2362	teladoc.com/connecticare
ConnectiCare	Coverage information	1-800-251-7722	connecticare.com



This flyer is for informational purposes only and is not a guarantee of coverage. To confirm and verify coverage, please refer to your plan documents. Deductibles, copays or coinsurance may apply.

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ConnectiCare complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-251-7722 (TTY: 711). ATENÇÃO: Se fala português, encontram-se disponíveis serviços linguísticos, grátis. Ligue para 1-800-251-7722 (TTY: 711).