

How to Find a Doctor FlexPOS Plans

To find a doctor, go to Find a Doctor and answer a few questions about the type of healthcare professional you need and where you get your health insurance. If searching for a type of provider other than dental, chiropractor, or mental health/substance abuse, select the following options.

1. Visit connecticare.com and click "Find a Doctor."
2. Under "Type of Coverage," select Medical.
3. Under "How do you get insurance?" select Through My Employer.
4. Under "Type of Plan or Network," select "FlexPOS"
5. Under "Show me results for," select Doctors or Facilities

On the next page, you will be prompted to enter the specific details for the name, location, or the type of provider you are searching. This search will include providers and facilities in both the ConnectiCare local area network and the First Health national network.

If you are searching for a provider in any of the New York counties listed below, please select the red Quick Link at the top of the provider search page. This will direct you to the EmblemHealth Prime network directory.

EmblemHealth Prime Network counties are: Albany, Bronx, Broome, Columbia, Delaware, Dutchess, Fulton, Greene, Kings, Montgomery, Nassau, New York, Orange, Otsego, Putnam, Queens, Rensselaer, Richmond, Rockland, Saratoga, Schenectady, Schoharie, Suffolk, Sullivan, Ulster, Warren, Washington, Westchester.



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